

## Burke High School Track and Field Girls Program Records

Records merged in 2019 from

Burke Bulldog records and Burke/South Central Cougar Records

| Event               | Name  | Effort   | Year |
|---------------------|---|----------|------|
| 100 M Hurdles       | Darla Camin   | 15.1     | 1991 |
| 300 M Hurdles       | Dani Baker  | 47.3     | 2010 |
| 100 M Dash          | Sara Nelson   | 12.35    | 2011 |
| 200 M Dash          | Sara Nelson   | 26.02    | 2011 |
| 400 M Dash          | Lori Ulmer  | 58.6     | 1978 |
| 800 M Run           | Allison Sebern  | 2:20.62  | 2016 |
| 1600 M Run          | Julie Tolstedt  | 5:05.8   | 1978 |
| 3200 M Run          | Kailee Frank  | 11:32.10 | 2021 |
| Long Jump           | Amy Sieh  | 17'0"    | 1994 |
| Triple Jump         | Amy Sieh  | 34'11"   | 1994 |
| High Jump           | Lahna Matucha   | 5'3"     | 2019 |
| Shot Put            | Tamara Serr   | 40'5"    | 1986 |
| Discus              | Sue Smizer  | 124'8"   | 1978 |
| 400 M Relay         | Beth Sieh<br>Sara Gnirk<br>Amy Sieh<br>Jeannie Kruger         | 50.84    | 1992 |
| 800 M Relay         | Beth Sieh<br>Tonya Lindwurm<br>Amy Sieh<br>Jeannie Kruger     | 1:47.17  | 1992 |
| 1600 M Relay        | Julie Tolstedt<br>Carol Bailey<br>Lori Ulmer<br>Brenda Heyden | 4:01.0   | 1978 |
| 1600 M Medley Relay | Carol Bailey<br>Lori Ulmer<br>Brenda Heyden<br>Julie Tolstedt | 4:11.4   | 1978 |
| 3200 M Relay        | Tammy Brunz<br>Carol Bailey<br>Sue Smizer<br>Julie Tolstedt   | 9:33.9   | 1976 |